

## Joint Break Matrix

	RP is:	BL1	BL2	BL3	BL4	BL5	BL6
<b>C. Spine</b>	Standing						
	Kneeling						
	Lying						
<b>T. Spine</b>	Standing						
	Kneeling			X	X	X	X
	Lying						
<b>L. Spine</b>	Standing						
	Kneeling			X	X	X	X
	Lying						
<b>Shoulder</b>	Standing						
	Kneeling		X			X	X
	Lying						
<b>Elbow</b>	Standing						
	Kneeling		X	X	X	X	X
	Lying						
<b>Wrist</b>	Standing						
	Kneeling						
	Lying						
<b>Fingers</b>	Standing						
	Kneeling		X				
	Lying						
<b>Hip</b>	Standing						
	Kneeling		X			X	
	Lying						
<b>Knee</b>	Standing						
	Kneeling						
	Lying						
<b>Ankle</b>	Standing						
	Kneeling			X	X		
	Lying						
<b>Toes</b>	Standing						
	Kneeling		X				
	Lying						