

Joint Break Matrix

	RP is:	BL1	BL2	BL3	BL4	BL5	BL6
C. Spine	Standing						
	Kneeling						
	Lying						
T. Spine	Standing						
	Kneeling			X	X	X	X
	Lying						
L. Spine	Standing						
	Kneeling			X	X	X	X
	Lying						
Shoulder	Standing						
	Kneeling		X			X	X
	Lying						
Elbow	Standing						
	Kneeling		X	X	X	X	X
	Lying						
Wrist	Standing						
	Kneeling						
	Lying						
Fingers	Standing						
	Kneeling		X				
	Lying						
Hip	Standing						
	Kneeling		X			X	
	Lying						
Knee	Standing						
	Kneeling						
	Lying						
Ankle	Standing						
	Kneeling			X	X		
	Lying						
Toes	Standing						
	Kneeling		X				
	Lying						