



Atemi-jutsu Live Training



Region: Sydney

Date: 15–16 Sep 2018 (Sat–Sun)

Time: 8.30 am to 5.30 pm both days

Venue: Aikido in Sydney

Bridge Road School

127 Parramatta Rd, Camperdown

Cost: \$295–\$495

Violence is rarely the answer...

but when it is the answer, it's the only answer!

Learn to use the tool of violence to save your own life, or the life of someone you care about, in a single weekend.

Atemi-jutsu is an evidence-based program that uses the best research available to empower you to use the most important weapon you possess – **your brain**. Because surviving a violent encounter requires both the knowledge of what to do, and the will to do it.

And, like learning to ride a bike or swim, once you learn these skills, you never forget them. In the process you gain a true life-skill, one that enables you to **survive the most critical 5 seconds of your life**.

For busy people who just want to learn how to survive unavoidable violence, this is the only training you will ever need.

Serious martial artists will learn skills and concepts to improve their current training.

This is not a self-defence primer with a bunch of scenarios and a lot of feel-good nonsense. This is not cultural martial arts dressed up as self-defence. This is not combat sport with a set of rules and a referee to enforce them.

And it's not about punching and kicking or learning how to fight. It has nothing to do with athleticism, size, speed or strength.

Because none of that guarantees you'll survive unavoidable violence.

Payment

\$495

Earlybird

\$395 (pay by 31 Aug)

Buddy

\$295 (each, bring a friend, pay by 31 Aug)

EFT deposit

Westpac BSB: 732 006 Account: 675504

Please put your name in the description.

Admin

Reserve your place by making payment and completing and returning the forms on the following pages to: dojo@aikidoinsydney.com

This is a full-weekend seminar limited to 20 participants.

Female participants must be at least 16 years old; male participants at least 18 years old.

Wear comfortable clothing including a light-coloured top. Training is barefoot. Please bring a spare clean T-shirt in case you get stinky.

Questions? Andrew 0468 490 706



Atemi-jutsu live training registration

aikidoinsydney.com

Personal details

Personal details are required and are used for contact and administration only.

Name: _____
Given name _____ Family name _____

Date of birth: _____
Day _____ Month _____ Year _____

Address: _____

Postcode _____

Phone: _____
Mobile _____ Other _____

Email: _____ @ _____

Emergency contact

Name: _____
Given name _____ Family name _____

Phone: _____
Mobile _____ Other _____

Relationship: _____
e.g. partner / parent / sibling / friend

Health

Do you have any health issues or injuries we should know about?

None Allergy Asthma Injury Other: _____

Details: _____
What do we need to know to help you manage health issues / existing injuries during training / at the venue?

Training experience

Please describe any previous martial arts experience you have None

Details: _____
e.g. Art? _____ How long trained? _____ How long ago? _____ Rank achieved? _____

How did you hear about us?

aikidoinsydney.com

Social media: _____ Recommendation: _____
Which? _____ From? _____

Release and Indemnity Agreement (atemi-jutsu)

This document will affect your legal rights and liabilities

Please read carefully before signing

I am aware that atemi-jutsu training involves close physical contact and hence certain principles must be understood and observed at all times. Atemi-jutsu involves an element of unpredictability and danger, and permanent and serious injury could possibly result from participation in atemi-jutsu training.

I freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, property damage or loss resulting from such risks, dangers and hazards.

I hereby agree as follows:

1. TO ASSUME AND ACCEPT ALL RISKS, DANGERS AND HAZARDS in connection with the practise of atemi-jutsu;
2. TO WAIVE ANY AND ALL CLAIMS that I may have against Aikido in Sydney, their directors, officers, employees, agents and representatives;
3. TO RELEASE Aikido in Sydney from any and all liability for any loss, damage, injury or expense that I, or my next of kin, may suffer or incur as a result of my actions due to any cause whatsoever, INCLUDING NEGLIGENCE ON THE PART OF Aikido in Sydney;
4. TO HOLD HARMLESS AND INDEMNIFY Aikido in Sydney from any and all liability for property damage, personal injury or death suffered by myself or by a third party as a result of (a) my use of the facilities and/or (b) my breach of these terms;
5. THAT THIS RELEASE AND INDEMNITY AGREEMENT shall be effective and binding upon my heirs, next of kin, executors, administrators, ad assigns, in the event of my death;
6. TO OBEY all warning signs and other notices posted within the facilities;
7. TO FOLLOW CAREFULLY the training instructions and venue rules for safety at all times during my practise of atemi-jutsu.
8. I am not required to perform any movements, techniques or practise in any situation that I consider to be unsafe, in which case I agree to notify the instructor immediately of my concerns.

I further represent that I am able to participate in and undertake physical exercise and I am not aware of having any physical, medical, mental or health disability or condition or disease which might or could be aggravated or worsened by physical exercise or which might or could result in deterioration of health if physical exercise is undertaken.

I have read and understood this Release and Indemnity Agreement prior to signing it and am aware that by signing this document, I am affecting the legal rights and liabilities of myself, my heirs, next of kin, executors, administrators and assigns.

Photo release: I authorise Aikido in Sydney to use my likeness in photographs, videos, or other digital media in print and online, without payment or other consideration.

Contact release: I authorise Aikido in Sydney to contact me via email or newsletter until I request otherwise.

Signed: _____ Witness: _____

Name: _____ Name: _____

Date: _____ Date: _____

Parent or guardian signature (if applicable)

The above named participant is under the age of 18.

I am a parent/guardian of the above named participant and am aware of the risks involved and I further consent to their participation in atemi-jutsu.

I have read and further agree to be bound by the terms of this Release and Indemnity Agreement.

Signed: _____ Witness: _____

Name: _____ Name: _____

Date: _____ Date: _____