

# Aikido in Sydney



# **Atemi-jutsu Live Training**



Region:	Sydney
Date:	15–16 Sep 2018 (Sat–Sun)
Time:	8.30 am to 5.30 pm both days
Venue:	<u>Aikido in Sydney</u> Bridge Road School 127 Parramatta Rd, Camperdown
Cost:	\$295-\$495

# Violence is rarely the answer...

but when it is the answer, it's the only answer!

Learn to use the tool of violence to save your own life, or the life of someone you care about, in a single weekend.

<u>Atemi-jutsu</u> is an evidence-based program that uses the best research available to empower you to use the most important weapon you possess – **your brain**. Because surviving a violent encounter requires both the knowledge of what to do, and the will to do it.

And, like learning to ride a bike or swim, once you learn these skills, you never forget them. In the process you gain a true life-skill, one that enables you to **survive the most critical 5 seconds of your life**.

## Payment

□ \$495

#### Earlybird

□ \$395 (pay by 31 Aug)

## Buddy

□ \$295 (each, bring a friend, pay by 31 Aug)

#### EFT deposit

Westpac BSB: 732 006 Account: 675504 Please put your name in the description.

For busy people who just want to learn how to survive unavoidable violence, this is the only training you will ever need.

Serious martial artists will learn skills and concepts to improve their current training.

This is not a self-defence primer with a bunch of scenarios and a lot of feel-good nonsense. This is not cultural martial arts dressed up as selfdefence. This is not combat sport with a set of rules and a referee to enforce them.

And it's not about punching and kicking or learning how to fight. It has nothing to do with athleticism, size, speed or strength.

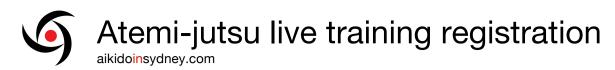
Because none of that guarantees you'll survive unavoidable violence.

## Admin

Reserve your place by making payment and completing and returning the forms on the following pages to: <u>dojo@aikidoinsydney.com</u> This is a full-weekend seminar limited to 20 participants.

Female participants must be at least 16 years old; male participants at least 18 years old.

Wear comfortable clothing including a lightcoloured top. Training is barefoot. Please bring a spare clean T-shirt in case you get stinky. Questions? Andrew 0468 490 706



**Personal details** 

Personal details are required and are used for contact and administration only.

Name:						
	Given name				Family name	
Date of birth:	Day	Month	Year			
Address:	Day	WOITH	rear			
Address.						
						Postcode
Phone:	Mobile				Other	
Email:				@		
Emergency co	ontact					
Name:	Given name				Family name	
Phone:	Given name				r anny name	
r none.	Mobile				Other	
Relationship:						
	e.g. partner / par	ent / sibling / friend				
Health						
Do you have any h	nealth issues o	or injuries we	should know	about	?	
	gy 🗆 Asthma	a 🗆 Injury	Other:			
Details:	What do we need	to know to help ye	ou manage health is	sues / ex	kisting injuries during training / at t	he venue?
			-			
Training exper	rience					
Please describe a	ny previous m	artial arts exp	perience you h	nave	□ None	
Details:	e.g. Art?	Ном	long trained?		How long ago?	Rank achieved?
	0.g. / 111	TION			now long ago:	
How did you h	ear about	us?				
aikidoinsydney.	.com					
□ Social media:			□ Re	comm	endation:	
	Which?				From?	

### **Release and Indemnity Agreement (atemi-jutsu)**

#### This document will affect your legal rights and liabilities

#### Please read carefully before signing

I am aware that atemi-jutsu training involves close physical contact and hence certain principles must be understood and observed at all times. Atemi-jutsu involves an element of unpredictability and danger, and permanent and serious injury could possibly result from participation in atemi-jutsu training.

I freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, property damage or loss resulting from such risks, dangers and hazards.

I hereby agree as follows:

- 1. TO ASSUME AND ACCEPT ALL RISKS, DANGERS AND HAZARDS in connection with the practise of atemi-jutsu;
- 2. TO WAIVE ANY AND ALL CLAIMS that I may have against Aikido in Sydney, their directors, officers, employees, agents and representatives;
- TO RELEASE Aikido in Sydney from any and all liability for any loss, damage, injury or expense that I, or my next of kin, may suffer or incur as a result of my actions due to any cause whatsoever, INCLUDING NEGLIGENCE ON THE PART OF Aikido in Sydney;
- 4. TO HOLD HARMLESS AND INDEMNIFY Aikido in Sydney from any and all liability for property damage, personal injury or death suffered by myself or by a third party as a result of (a) my use of the facilities and/or (b) my breach of these terms;
- 5. THAT THIS RELEASE AND INDEMNITY AGREEMENT shall be effective and binding upon my heirs, next of kin, executors, administrators, ad assigns, in the event of my death;
- 6. TO OBEY all warning signs and other notices posted within the facilities;
- 7. TO FOLLOW CAREFULLY the training instructions and venue rules for safety at all times during my practise of atemi-jutsu.
- 8. I am not required to perform any movements, techniques or practise in any situation that I consider to be unsafe, in which case I agree to notify the instructor immediately of my concerns.

I further represent that I am able to participate in and undertake physical exercise and I am not aware of having any physical, medical, mental or health disability or condition or disease which might or could be aggravated or worsened by physical exercise or which might or could result in deterioration of health if physical exercise is undertaken.

I have read and understood this Release and Indemnity Agreement prior to signing it and am aware that by signing this document, I am affecting the legal rights and liabilities of myself, my heirs, next of kin, executors, administrators and assigns.

Photo release: I authorise Aikido in Sydney to use my likeness in photographs, videos, or other digital media in print and online, without payment or other consideration.

Contact release: I authorise Aikido in Sydney to contact me via email or newsletter until I request otherwise.

Signed:	Witness:	
Name:	Name:	
Date:	Date:	

#### Parent or guardian signature (if applicable)

The above named participant is under the age of 18.

I am a parent/guardian of the above named participant and am aware of the risks involved and I further consent to their participation in atemi-jutsu.

I have read and further agree to be bound by the terms of this Release and Indemnity Agreement.

Signed:	Witness:	
Name:	Name:	
Date:	Date:	