

This document affects your legal rights and liabilities. Please read carefully before signing.

I am aware that training in a martial art involves an element of unpredictability and danger and that this applies to the training provided by Aikido in Sydney. Serious, permanent injury could possibly result from my participation. I freely accept and fully assume all risks, dangers and hazards and the possibility of personal injury, death, property damage or loss resulting from such risks, dangers and hazards.

I agree to:

1. assume and accept all risks, dangers and hazards in connection with participation in training;
2. waive any and all claims that I may have against Aikido in Sydney, their directors, officers, employees, agents and/or representatives;
3. release Aikido in Sydney from any and all liability for any loss, damage, injury or expense that I, or my next of kin, may suffer or incur as a result of my actions due to any cause whatsoever, including negligence on the part of Aikido in Sydney;
4. hold harmless and indemnify Aikido in Sydney from any and all liability for property damage, personal injury or death suffered by myself or by a third party as a result of my use of the facilities and/or my breach of these terms and conditions;
5. this Release and Indemnity Agreement being effective and binding upon my heirs, next of kin, executors, administrators and assigns in the event of my death; (cont. → right-hand column)

6. obey all warning signs and other notices posted within the facilities;
7. follow carefully the training instructions and venue rules for safety at all times during training;
8. not perform any movement, exercise or technique, or train in any situation, that I consider to be unsafe, and to notify the instructor immediately if I have any such concern.

Health: I am able to participate in and undertake physical exercise and I am not aware of having any physical, medical, mental or health disability or condition or disease which might or could be aggravated or worsened by physical exercise or which might or could result in deterioration of health if physical exercise is undertaken.

Code of conduct: I acknowledge receipt of a copy of the Student Code of Conduct and agree to comply with its requirements.

Images: I authorise Aikido in Sydney to use my likeness in photos, videos and other media in print and online, without payment or other consideration.

Contact: I authorise Aikido in Sydney to contact me via email unless I request otherwise.

I have read and understood this **Release and Indemnity Agreement** prior to signing it and am aware that by signing this document, I am affecting the legal rights and liabilities of myself, my heirs, next of kin, executors, administrators and assigns.

Participant _____

Witness _____

Signature _____

Signature _____

Date _____

Date _____

Parent or guardian signature (if applicable)

1. The person named above is aged under 18.
2. I am a parent/guardian of the participant and am aware of the risks involved.

3. I consent to the above-named's participation in training with Aikido in Sydney.

4. I have read and agree to be bound by the terms of this Release and Indemnity Agreement.

Parent or guardian _____

Witness _____

Signature _____

Signature _____

Date _____

Date _____